

蚌殼



七棚

鐘樓



一间本旨融汇传统地域特色与创新烹调技法的福建菜餐厅。
以「蚌壳」为引子，贯穿四时用餐场域，
蚌贝是闽地人最珍贵的家常味。其建筑风格呈现一体多元的特征。
「蚌壳」餐厅选汲当地海货和时令作物，在朴实无华中求真求美，
为食客带来有温度且落胃的闽南吃席筵享。
用餐空间包括大厅、光屋及两间城景独立包间。

Hám-Khàk is a contemporary Fujian cuisine restaurant located in the heart of Quanzhou. The restaurant's design reflects a harmonious blend of tradition and modernity, with dining spaces that include a main hall, a light-filled atrium, an outdoor garden, and two private rooms overlooking the city. At Hám-Khàk, we focus on sourcing local seafood and seasonal produce, crafting dishes that are both authentic and innovative, offering guests a warm and immersive dining experience.



开胃菜

APPETISERS

箸启风土



闽地特色
Local Special



蛋奶素
Ovo Lacto Vegetarian



辣
Spicy



含海鲜类
Seafood



含坚果类
Contain Nut

以上金额均为人民币价格，不加收其他任何费用All prices are in CNY and all inclusive
如果您有任何食物过敏，请告诉我们的同事Please feel free to let our colleagues know if you have any food allergy



闽



椒麻南平雷笋

Marinated Nanping Bamboo Shoots
with Szechuan Pepper

CNY 57
/例
Portion



闽



腌椒清流腐竹

Qingliu Yuba Pickled Chili Pepper

CNY 57
/例
Portion



夜香花拌小榄菊
Mixed Chinese Violet with
Chrysanthemum from Xiaolan

CNY 57
/例
Portion



闽 咸水漳浦填鸭肝
Poached Foie Gras,
Saline Water Celtuce

CNY 117
/例
Portion



闽



沉缸老酒浸罗氏虾

Marinated Prawn Vintage Rice Wine

CNY 107
/例
Portion

闽



永春醋汁捞螺片

Sliced Poached Conch
Yongchun Vinegar

CNY 137
/例
Portion





红葱酥南日鲜鲍

Fresh Abalone
with Crispy Red Shallots

2只起
MINIMUM ORDER FOR TWO PIECES

CNY 37
/位
Person



香酥台海午鱼

Crispy Fried Threadfin
and Seaweed

CNY 107
/例
Portion





闽



贵妃蚌土笋冻

Concubine Clam Sea Worm Jelly



CNY 47

/位
Person



贵妃蚌土笋冻

Concubine Clam Sea Worm Jelly

CNY 47 /位
Person



红葱酥南日鲜鲍

Fresh Abalone
with Crispy Red Shallots

CNY 37 /位
Person



永春醋汁捞螺片

Sliced Poached Conch
Yongchun Vinegar

CNY 137 /例
Portion



香酥台海午鱼

Crispy Fried Threadfin
and Seaweed

CNY 107 /例
Portion



沉缸老酒浸罗氏虾

Marinated Prawn Vintage Rice Wine

CNY 107 /例
Portion



咸水漳浦填鸭肝

Poached Foie Gras,
Saline Water Celtuce

CNY 117 /例
Portion

夜香花拌小榄菊

Mixed Chinese Violet with
Chrysanthemum from Xiaolan

CNY 57 /例
Portion



椒麻南平雷笋

Marinated Nanping Bamboo Shoots
with Szechuan Pepper

CNY 57 /例
Portion



腌椒清流腐竹

Qingliu Yuba Pickled Chili Pepper

CNY 57 /例
Portion

汤品

SOUP

慢煨山海



闽地特色
Local Special



蛋奶素
Ovo Lacto Vegetarian



辣
Spicy



含海鲜类
Seafood



含坚果类
Contain Nut

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山间老鸡汤氽贵妃蚌

Royal Clam Poached in Chicken Broth

CNY 77 /位
Person



松茸清炖午鱼狮子球

Stewed Threadfin Ball,
Chicken Soup, Matsutake mushroom

CNY 107 /位
Person





佛跳墙

Double-boiled Sea Cucumber Abalone
Fish Maw in Superior Broth

需提前6小时，至少2位预定
Please pre-order 6 hours
in advance minimum order
for two persons or more

CNY 327
/位
Person





松茸清炖午鱼狮子球

Stewed Threaddfin Ball,
Chicken Soup, Matsutake mushroom

CNY 107

/位
Person



山间老鸡汤汆贵妃蚌

Royal Clam Poached in Chicken Broth

CNY 77

/位
Person



佛跳墙

Double-boiled Sea Cucumber Abalone
Fish Maw in Superior Broth

CNY 327

/位
Person

需提前6小时，至少2位预定

Please pre-order 6 hours
in advance minimum order
for two persons or more



海鲜

SEAFOOD

逐浪寻鲜



闽地特色
Local Special



蛋奶素
Ovo Lacto Vegetarian



辣
Spicy



含海鲜类
Seafood



含坚果类
Contain Nut

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九层塔水煮
老菜脯焗
红葱头油蒸
清蒸

Stir-fried with Basil
Stesmed with Dried Radish
Steamed with Scallion Onion Oil
Steamed with Scallion Oil

红葱砂锅焗
芙蓉蛋白蒸
玫瑰汁豚肉蒸

Claypot-Braised in Local Shallot Sauce
Steamed Red Dragon Fish with Silky Egg White
Steamed over Pork Belly in Shaoxing Wine & Soy Sauce

老虎斑
Tiger Grouper

CNY 217/斤 500g

松叶蟹
Snow Crab

CNY 697/斤 500g

九层塔水煮
老菜脯焗
红葱头油蒸
清蒸

Stir-fried with Basil
Stesmed with Dried Radish
Steamed with Scallion Onion Oil
Steamed with Scallion Oil

榄仁土鸡蛋
滑炒
福建老酒蒸
麻婆豆腐煮

Stir-fried Free-range Eggs with Chinese Almonds
Steamed with Fujian Rice Wine
Boiled with Mapo Tofu

东星斑
Leopard Coral Grouper

CNY 577/斤 500g

小青龙
Baby Lobster

CNY 477/斤 500g

花雕芙蓉蒸
Steamed with Shaoxing Wine & Silky Egg White

避风塘
Typhoon Shelter Style

古法葱油蒸
Steamed in Traditional Method

帝王蟹

King Crab

时价

Market Price
需提前12小时预定
Please pre-order
12 hours in advance

九层塔炒
Thai Basil and Stir-fried Scallion

芙蓉蛋白蒸
Steamed Red Dragon Fish with Silky Egg White

福建老酒蒸
Steamed with Fujian Rice Wine

麻婆豆腐煮
Boiled with Mapo Tofu

大红龙

Spiny Lobster

CNY 897/斤
500g

象拔蚌

Geoduck

老菜脯蚌胆煲粥
Boiled with Dried Radish Congee

十五年陈皮
Blanch Geoduck
in Tangerine Peel Rice Soup

时价

Market Price
需提前12小时预定
Please pre-order
12 hours in advance



热菜

HOTDISH

厝炊袅袅



闽地特色
Local Special



蛋奶素
Ovo Lacto Vegetarian



辣
Spicy



含海鲜类
Seafood



含坚果类
Contain Nut

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闽南脆香醋肉

Deep Fried Pork with Vinegar

CNY 77
/例
Portion



红葱酱油水蒸黄花鱼

Steamed Yellow Croaker
with Red Onion Sauce

CNY 197
/例
Portion



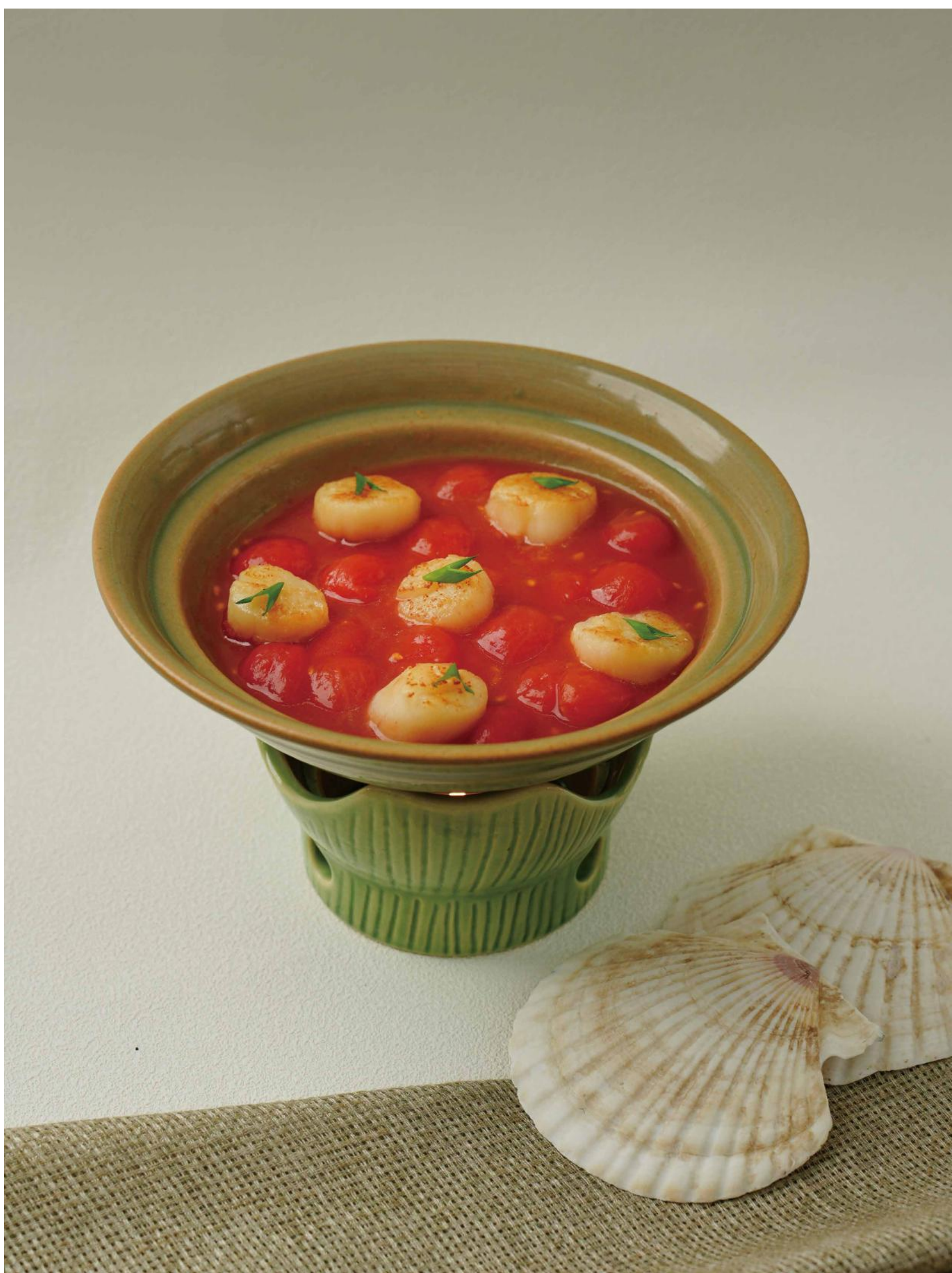
闽



永安黄椒烧红鲟佐年糕

Braised Crab with
Yong'an Yellow Pepper,
Handmade Rice Cake

CNY 367
/例
Portion



闽



诏安青梅番茄玉带子

Stir-fried Scallop
with Zhao'an Green Plum and Tomato

CNY 217
/例
Portion



肉骨茶风味浸香螺

Steamed Sea Whelk in Bak Kut Teh

2只起点

Minimum order for two pieces

CNY 57 ^{/只}
Each



芦溪咸菜浸脆管

Marinated Squid
with Luxi Pickles

CNY 177 ^{/例}
Portion



虾籽菱白炒小斑节虾

Stired-fried
Shrimps Water Bamboo Shoots

CNY 187
/例
Portion



青花椒刀板香焗老蛸

Baked Razor Clam with Cured Pork
and Szechuan Pepper

CNY 127
/例
Portion



闽南沙茶炖牛尾

Braised Oxtail
in Savory Satay Sauce

CNY 277

/例
Portion



古城姜母鸭

Braised Duck Ginger with Sesame Oil

CNY 147

/例
Portion





永泰山茶油淋小象蚌

Poached Baby Geoduck with
Yongtai Camellia Oil, Bean Sprouts

CNY 297
/例
Portion



盐酒长汀河田鸡

Stewed Changting Chicken
with Salted Wine

CNY 147
/例
Portion



凤梨脆皮糖醋肉

Deep-fried Chicken,
Sweet and Sour Sauce

CNY 97
/例
Portion



闽

绿竹笋烩猫爪菌

Stewed Green Bamboo
with Cat Claw Fungus

CNY 77
/例
Portion



闽



头水紫菜烧丝瓜

Braised Luffa with Xiapu
First-harvest Laver

CNY 77
/例
Portion



红菇烧柴火豆腐

Stewed Firewood Tofu
with Red Mushroom

CNY 97
/例
Portion



青蒜炒安溪豆干

Wok-fried Green Garlic
with Dried Tofu

CNY 77
/例
Portion





红葱酱油水蒸黄花鱼

Steamed Yellow Croaker
with Red Onion Sauce

CNY 197
/例
Portion



芦溪咸菜浸脆管

Marinated Squid
with Luxi Pickles

CNY 177
/例
Portion



虾籽茭白炒小斑节虾

Stirred-fried
Shrimps Water Bamboo Shoots

CNY 187
/例
Portion



诏安青梅番茄玉带子

Stir-fried Scallop
with Zhao'an Green Plum and Tomato

CNY 217
/例
Portion



十五头南非鲍

South African Abalone, 15 Tou

CNY 267
/位
Person



永安黄椒烧红鲟佐年糕

Braised Crab with
Yong'an Yellow Pepper,
Handmade Rice Cake

CNY 367
/例
Portion



青花椒刀板香焗老蛭

Baked Razor Clam with Cured Pork
and Szechuan Pepper

CNY 127

/例
Portion



盐酒长汀河田鸡

Stewed Changting Chicken
with Salted Wine

CNY 147

/例
Portion



古城姜母鸭

Braised Duck Ginger with Sesame Oil

CNY 147

/例
Portion



肉骨茶风味浸香螺

Steamed Sea Whelk in Bak Kut Teh

CNY 57

/只
Each

2只起
点

Minimum order for two pieces



闽南脆香醋肉

Deep Fried Pork with Vinegar

CNY 77

/例
Portion



永泰山茶油淋小象蚌

Poached Baby Geoduck with
Yongtai Camellia Oil, Bean Sprouts

CNY 297

/例
Portion



闽南沙茶炖牛尾

Braised Oxtail
in Savory Satay Sauce

CNY 277

/例
Portion



绿竹笋烩猫爪菌

Stewed Green Bamboo
with Cat Claw Fungus

CNY 77

/例
Portion



红菇烧柴火豆腐

Stewed Firewood Tofu
with Red Mushroom

CNY 97

/例
Portion



凤梨脆皮糖醋肉

Deep-fried Chicken,
Sweet and Sour Sauce

CNY 97

/例
Portion



头水紫菜烧丝瓜

Braised Luffa with Xiapu
First-harvest Laver

CNY 77

/例
Portion



青蒜炒安溪豆干

Wok-fried Green Garlic
with Dried Tofu

CNY 77

/例
Portion



田园时令蔬菜

Vegetable in Seasonal

CNY 47

/例
Portion

主食

STARCH

沃土飡饱



闽地特色
Local Special



蛋奶素
Ovo Lacto Vegetarian



辣
Spicy



含海鲜类
Seafood



含坚果类
Contain Nut

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闽



泉州萝卜焖饭

Simmered Rice
with Radish, Quanzhou Style

CNY 97

/例
Portion



闽
手打牛肉羹面线
Beef and Vermicelli Soup

CNY 117 / 例
Portion



闽 手打牛肉羹面线

Beef and Vermicelli Soup

CNY 117
/例
Portion



泉州萝卜焖饭

Simmered Rice
with Radish, Quanzhou Style

CNY 97
/例
Portion

甜品

DESSERT

甜尾福圆



闽地特色
Local Special



蛋奶素
Ovo Lacto Vegetarian



辣
Spicy



含海鲜类
Seafood



含坚果类
Contain Nut

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闽



冻花生汤
Chilled Peanut Soup

CNY 37
/位
Person

蚌
殼

七棚

鐘樓

